

SHRIMAD RAJCHANDRA COLLEGE OF PHYSIOTHERAPY
(A CONSTITUENT INSTITUTE OF UKA TARSADIA UNIVERSITY)

Guidelines for MPT Dissertation Submission

Thesis arrangement order

1. Cover Page
2. Declaration (Student)
3. Certificate (Principal)
4. Certificate (Guide)
5. Approval Certificate (Sign for external examiner)
6. Table of Contents
7. Acknowledgements–Should not exceed one page
8. Abstract
9. List of Tables
10. List of Figures
11. Abbreviations (if any)

Chapters

1. Introduction
 - Statement of the problem
 - Significance of the research
 - Aims and objectives
 - Hypothesis
2. Literature Review
3. Methods
 - Study design
 - Study setting
 - Participant recruitment including sampling method
 - Sample size calculation
 - Variables and its operational definitions
 - Measurement tools
 - Procedure
 - Training/experimental protocol (if applicable)
4. Data Analysis and Result
5. Discussion
6. Limitations
7. Future recommendations
8. Conclusions
9. References
10. Appendices
 - IEC approval certificate
 - Participant information sheet (English or Gujarati)
 - Sample Informed Consent form (English or Gujarati)
 - Sample Data collection form
 - Master chart
 - Data analysis sheet

Dissertation Formatting Details

Dissertation size: Ideally 50 to 100 pages

Paper: A4 size (210mm x 297 mm) bond unruled paper (Use only one side for all the pages of hard bound copies submitted to the University)

Numbering: All pages are to be numbered except Thesis Cover Page.

The pages starting from Certificate to Abstract to be numbered in small Roman letters (i, ii, iii, ix.....)

All the Page numbers from Introduction to the last reference are to be numbered using Arabic numerals (1, 2, 3....)

Numbering is to be done at the bottom centre of the page

Acknowledgement: Maximum 1 page (Preferably)

- Title: Centred (Capital, Ariel 16, BOLD)
- Text: Paragraphed, right and left justified (Times New Roman 12, 2.0 spacing, NORMAL)

Abstract: Maximum 2 Pages (Preferably) (Maximum 250 words)

- Key words: Maximum Six (Leading Capitals, Single Space, Times New Roman 12 Italic, NORMAL)
- Text: Paragraphed and fully justified on left and right (2.0 Spacing, Times New Roman 12 Normal)

Table of Contents: Should include all except quotation, certificate, and declaration

Chapters: Chapter Numbering (Introduction to Appendices) should be centred on the top of the page with Arabic Numerals (Capital, Times New Roman 16, BOLD)

Heading: Heading should be centred on the top of the page with Arabic Numerals (Capital, Times New Roman 16, BOLD)

2.0 Line Spacing between Chapter Number and Heading

Example

CHAPTER 1

INTRODUCTION

Sections: Section Numbering should be in Arabic numerals, left justified with Times New Roman 14, BOLD CAPITAL)

Example

1.1 Factors influencing social participation

Sub sections

Section Numbering should be in Arabic numerals up to two decimals, left justified with Times New Roman 12, Bold Leading Capital)

Example

1.1.1 Physical Capacity

1.1.2 Education

Subsections beyond two decimals (eg. 1.1.3.1) should be avoided

Text

- Colour: Black Print
- General Text: Times New Roman 12 Normal, Fully Justified, suitably paragraphed
- Special Text: Times New Roman, Italic 12 Normal, Fully Justified
- Paragraphs: All paragraphs should be fully justified (left and right) from first line to last line. Paragraph should start from extreme left (don't use tab/space bar in beginning of the paragraph)

Spacing:

2.0 Spacing between text Lines and Paragraphs

Provide 2.0 Spaces between:

- Chapter Title and first sentence of the Chapter
- Last Line of a section/Subsection to title of next Section/Subsection

Use 1.0 spacing for:

Footnotes/End notes of text, quotations, explanatory notes, text corresponding to bullets/numbered listings etc.

Text corresponding to bullets/numbered listing should be left indented

- Xxx
- Yyy

OR

- 1) Xxxx
- 2) Yyyy

Quotations from Literature should be left and right intended. Shorter quotations can be part of regular text.

Orphans: At the bottom of the page, a paragraph must have at least two lines. At the top of the page, a paragraph must have at least two lines

Text Margins

Left: 1.5''

Right: 1.00''

Top: 1.00''

Bottom: 1.00''

Tables: Table should follow immediately after it is referred for the first time in the text. Splitting of the paragraph for including a tables should be avoided.

- Table title should be provided at the top of the table
- Leave at least 3 spaces between paragraph and title of table at Top
- Leave at least 3 spaces between Table bottom and next line
- Leave 1.5spaces between last line of Title and table
- Format of Table: Table<Blank><Chapter Number>.<Table Number><Indent><Table Title>
- Tables and Table title should be centred and should keep single space between two lines of table title

Example

Table 4.3 Participant demographic characteristics

Figure: Figure should follow immediately after it is referred for the first time in the text. Splitting of the paragraph for including a Figure to be avoided.

- Figure title should be provided at the bottom of the figure
- Leave at least 3 spaces between paragraph and title of the Figure at bottom paragraph
- Leave at least 3 spaces between paragraph and top of the Figure
- Leave 1.5space between title and figure
- Format of Figure: Fig.<Blank><Chapter Number>.<Figure Number> <Indent><Figure Title>
- Figure and Figure title should be centred.

Example for Fig.

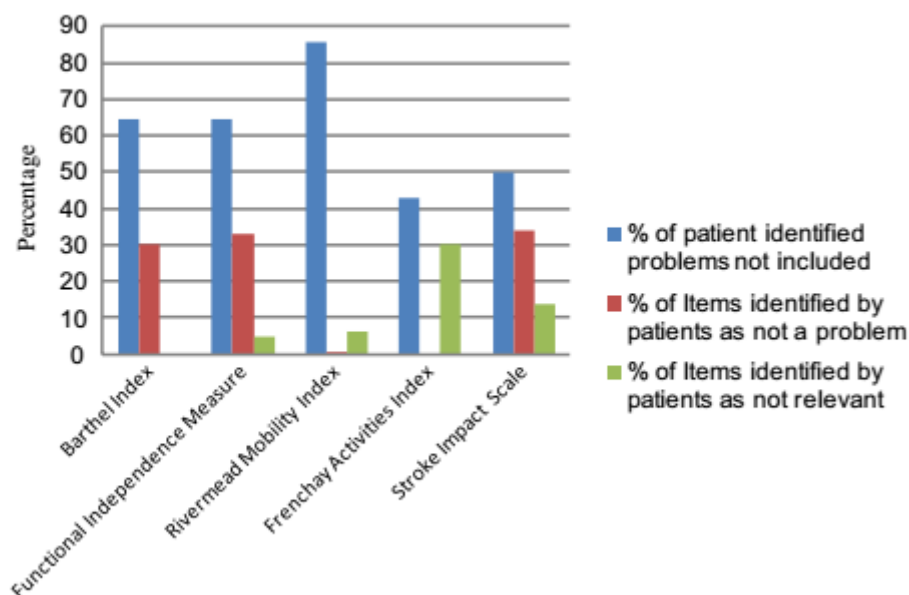


Fig. 4.3 Relevance of outcome measures' contents to patient's problems and goals

Referencing:

- The citation and referencing in the thesis should be as per Vancouver System
- References should be given at the end. i.e., after conclusion. Numbering of reference should be in order of appearance in text not in alphabetical order.
- References should be listed in the order in which they appear in the article. Journal references should give author's surname followed by forename initials, title of article, name of periodical, publication year, volume number, and the first and last page numbers.
- In the reference list, include all authors' names for works with up to three authors, if there are four or more authors, list first three names followed by "et al."
- Book citations should give authors, book title, edition, city, publisher, year, and page numbers, if necessary.
- **Example:**

Journal reference:

- 1) Dunn JE, Rudberg MA, Furner SE, et al.: Mortality, disability, and falls in older persons: the role of underlying disease and disability. *Am J Public Health*, 1992, 82:284–400.

Book reference:

- 1) Gibson MJ: Falls in later life. In: *Improving the health of older people: a world view*. New York: Oxford University Press, 1990, pp 296–315.
- 2) Schumway-Cook A, Woollacott M: *Motor control: theory and practical applications*. Baltimore: Williams & Wilkins, 1995.

URL reference

- 1) American Physical Therapy Association. Coalition for Patients' Rights. http://www.apta.org/AM/Template.cfm?Section=News_and_Info&TEMPLATE=/CM/ContentDisplay.cfm&CONTENTID=31549 (Accessed Apr. 10, 2007)

- In text references should be superscripted next to the text. Place superscript reference number after commas and full stops and before colons and semi-colons – unless the superscript is attached to authors name or title of book/database – then always before punctuation.
 - E.g. There is a growing consensus among health care providers and researchers that the patient's perspective should be included in the process of selecting treatment options and determining treatment outcomes.³⁹ Several guidelines on selection of patient-reported outcome measures have recommended that the contents of the instruments should be relevant to the patients' concerns that they are intended to measure.⁶⁻⁹
- If the reference number is connected to a year or number, place a space between the number and the reference number for clarity. [example: back as 1915³⁵ ...]
- Format of Referencing from various sources (Vancouver Referencing System)

Shrimad Rajchandra College of Physiotherapy

<Dissertation Topic>

A Dissertation submitted to

UKA TARSADIA UNIVERSITY

in Partial Fulfilment of the Requirements for the Degree of

MASTER OF PHYSIOTHERAPY

In <Specialization>

By

Ms/Mr (First Name) (Last Name)

(Enrolment Number)

Guided by

Dr. <First Name> <Last Name>



Uka Tarsadia University, Bardoli, Surat.

2022-2024

DECLARATION

I hereby certify that I am the sole author of this thesis and that neither any part of this thesis nor the whole of the thesis has been submitted for a degree to any other University or Institution. I certify that, to the best of my knowledge, my thesis does not infringe upon anyone's copyright nor violate any proprietary rights and that any ideas, techniques, quotations, or any other material from the work of other people included in my thesis, published or otherwise, are fully acknowledged in accordance with the standard referencing practices.

I declare that this is a true copy of my thesis, including any final revisions, as approved by my thesis review committee.

Date:

Student Signature:

Student Name:

University Enrolment Number:

CERTIFICATE

This is to certify that the dissertation entitled “<thesis title>” submitted by <STUDENT FIRST NAME (capital letters)> <MIDDLE NAME (capital letters)> <LAST NAME (capital letters)> (University Enrolment Number **15MPTNS101**) is an original work carried out by the candidate under the guidance and supervision of Dr. <Guide’s first name> <Guide’s Last Name>. This study has not been studied and is not being carried out so far in any other universities.

Principal Signature:

Principal Name:

Date:

CERTIFICATE

This is to certify that the dissertation entitled “<thesis title>” submitted by <STUDENT FIRST NAME (capital letters)> <MIDDLE NAME (capital letters)> <LAST NAME (capital letters)> (University Enrolment Number **15MPTNS101**) is an original work carried out by the candidate under my guidance and supervision. This study has not been studied and is not being carried out so far in any other universities. I have seen and approved the dissertation submitted by the student.

Guide Signature:

Guide Name:

Date:

APPROVAL CERTIFICATE

Date: DD-MM-YYYY

This is to certify that this dissertation entitled “<thesis title>” submitted by <STUDENT FIRST NAME (capital letters)> <MIDDLE NAME (capital letters)> <LAST NAME (capital letters)> (University Roll Number **15MPTNS101**) under the supervision of Dr. <Guide’s first name> <Guide’s Last Name> has been reviewed, examined and approved to meet the dissertation requirement of fourth semester for the degree course Master of Physiotherapy (M.P.T.) in April, 2020.

Internal Examiner

(Name and signature with date)

External Examiner

(Name and signature with date)

Principal

(Name and signature with date)

ACKNOWLEDGEMENT

LIST OF ABBREVIATIONS

ABBREVIATION	MEANING
PMi	Pectoralis Minor
IR	Internal Rotation
AT	Anterior Tilt
RSP	Rounded Shoulder Posture

ABSTRACT

Background:

Objective:

Methods:

Results:

Conclusions:

Keywords: Stroke Rehabilitation, Content of treatment, India, Evidence based practice

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